

MELANOCORTIN RECEPTOR AGONIST · FDA APPROVED

# PT-141

Bremelanotide · Sexual Health Peptide

**Desire · Arousal · Connection**

The first FDA-approved peptide for  
hypoactive sexual desire disorder —  
acting centrally, not peripherally.

**FDA**

Approved 2019

**MC4R**

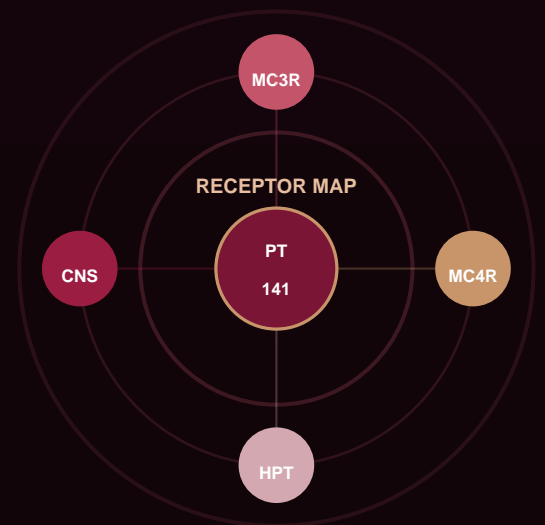
Primary Target

**~3h**

Duration

**SC**

Preferred Route



# What is PT-141?

A centrally-acting melanocortin peptide approved for hypoactive sexual desire

**PT-141, also known as Bremelanotide, is a synthetic cyclic heptapeptide analogue of alpha-MSH (melanocyte-stimulating hormone), developed from the sunless tanning peptide Melanotan II.**

Unlike PDE5 inhibitors such as sildenafil or tadalafil — which act peripherally on vascular tissue — PT-141 acts directly on the central nervous system, specifically targeting melanocortin receptors MC3R and MC4R in the hypothalamus.

This central mechanism of action produces genuine desire and arousal at the neurological level, rather than merely facilitating physical response. It is the only approved treatment for Hypoactive Sexual Desire Disorder (HSDD) that works via CNS pathways.

In 2019, the FDA approved PT-141 (Vyleesi) for premenopausal women with HSDD — the first and only approved on-demand treatment for this condition. Off-label research continues to explore its benefits in men.

## CYCLIC HEPTAPEPTIDE SEQUENCE

Ac-Nle-cyclo[Asp-His-D-Phe-Arg-Trp-Lys]-OH

MW: 1025.2 g/mol | Formula: C<sub>50</sub>H<sub>68</sub>N<sub>14</sub>O<sub>10</sub>

Feature	PT-141	PDE5 Inhibitor
Mechanism	Central (CNS)	Peripheral (vascular)
Target	MC3R / MC4R	Phosphodiesterase-5
Desire effect	Yes — neurological	No — physical only
Works without arousal	Yes	Limited
Gender	Both	Primarily male
FDA status	Approved (HSDD)	Approved (ED)

## Quick Facts

**Class** Cyclic heptapeptide

**Origin** Alpha-MSH analogue

**Approval** FDA 2019 (HSDD)

**Brand** Vyleesi (Palatin)

**Solubility** Water soluble

**Storage** 2-8°C refrigerated

MECHANISM

CNS  
ACTION

# Key Benefits

Clinically validated benefits for sexual health and wellbeing

## Central Desire Activation

PT-141 stimulates MC4R receptors in the hypothalamus, triggering genuine neurological desire rather than merely enhancing physical response. Users report spontaneous, authentic arousal.

## FDA-Approved Efficacy

Pivotal Phase III trials demonstrated significant improvements in satisfying sexual events (SSEs) and reduced distress scores in women with HSDD — earning full FDA approval in 2019.

## Works for Both Sexes

Unlike approved PDE5 inhibitors, clinical research shows PT-141 improves sexual function in both men and women — including cases of erectile dysfunction refractory to sildenafil.

## On-Demand Dosing

Administered 45 minutes before activity, PT-141 offers flexible on-demand use with no daily dosing requirement and no interaction with food or alcohol consumption.

## Long Duration of Action

A single dose produces effects lasting 6–12 hours, offering extended windows of spontaneity that short-acting alternatives cannot match.

## No Vascular Side Effects

By acting centrally rather than on vasculature, PT-141 avoids the cardiovascular contraindications of PDE5 inhibitors, making it suitable for patients with cardiac considerations.

### PT-141 vs. PDE5 Inhibitors vs. Hormone Therapy



# Research & Dosing

Clinical evidence supporting PT-141 from discovery to FDA approval

19  
98

## 1998 Melanocortin Discovery

Palatin Technologies identified PT-141's potent MC3R/MC4R agonism from Melanotan II derivatives. Initial animal studies confirmed central nervous system-mediated pro-erectile and pro-arousal effects.

20  
03

## 2003 Phase I Human Trials

First-in-human trials confirmed intranasal PT-141 produced significant improvements in erectile function in men with psychogenic and organic ED, including sildenafil non-responders.

20  
08

## 2008 Female HSDD Studies

Phase II trials in premenopausal women with HSDD demonstrated statistically significant improvements in desire, arousal, and genital sensation scores versus placebo.

20  
17

## 2017 Phase III Pivotal Trials

Multicenter, double-blind, placebo-controlled Phase III trials met all primary endpoints: increased satisfying sexual events and significantly reduced personal distress scores in women with HSDD.

20  
19

## 2019 FDA Approval (Vyleesi)

The FDA approved Bremelanotide (PT-141) injection as Vyleesi for acquired, generalised HSDD in premenopausal women — the first on-demand, CNS-acting treatment for sexual desire disorders.

## Dosing Protocol

<b>Route</b>	Subcutaneous injection
<b>Dose</b>	1.75 mg (auto-injector)
<b>Timing</b>	45 min before activity
<b>Max frequency</b>	Once per 24 hours
<b>Max per month</b>	8 doses (clinical)
<b>Onset</b>	30–60 minutes
<b>Duration</b>	6–12 hours
<b>Storage</b>	Refrigerated 2–8°C

### Common Side Effects (Clinical)

- Nausea (most common, ~40%)
- Flushing & warmth
- Headache
- Transient BP increase
- Injection site reaction

**Research use only.** PT-141 is FDA-approved for HSDD in premenopausal women. Consult a physician for all therapeutic applications.

# Rediscover Desire.

PT-141 is not about mechanics. It is about reconnecting with desire at its neurological source — restoring intimacy, confidence, and spontaneity through the science of melanocortin signalling.



## DESIRE

arousal restored  
Genuine neurological

## CONNECT

spontaneity renewed  
Intimacy and

## RESTORE

for both partners  
Sexual wellbeing

ORDER NOW

LEARN MORE

FREE SAMPLE

## PT-141 · Bremelanotide

[www.pt141-research.com](http://www.pt141-research.com) · [info@pt141institute.com](mailto:info@pt141institute.com) · +1 (800) 478-1412

For research purposes only. PT-141/Myleesi is FDA-approved for HSDD in premenopausal women. Use only under physician supervision.

Always consult a licensed healthcare professional before beginning any peptide protocol.